

DSATnews

Down Syndrome Association of Tulsa November, 2009

P.O. Box 54877 • Tulsa, Oklahoma 74155-0877 • www.dsat.org

President's Message

Thank you to all that attended the Annual Buddy Walk! We had an awesome turnout and a great day! We hope you were able to celebrate your child and had a fun time for the whole family!

A very big thank you goes out to our Buddy Walk Committee: Erin Paul, Alana Kennon, Denis Lane! And they also had some great help from Joanna and Adam Ricketts, Jamie Harper, Stephanie Keester and many other volunteers that helped to make a fantastic Buddy Walk! **THANK YOU SO MUCH!!**



We have many exciting things happening, please mark on your calendar! Don't forget our **Annual Christmas party** will be on Saturday, December 12th from 10 am - 12:00 noon. We hope that you are able to come and have some fun! Bring your family and enjoy some food, crafts, face painting and a special visit from some friends from the North Pole: Bring your cameras!

Because of events like the Buddy Walk, our DSAT organization is able to provide several scholarships to the National Down Syndrome Conference. This year it will be held in Orlando, Florida in July 2010. Please read all of the information on the Scholarships. You must turn in your application postmarked on or before January 8th. Recipients will be selected at our January DSAT meeting. This is a great opportunity for you to attend the National Down Syndrome Conference. You can't win, if you don't apply!

We have mentioned previously that our Treasurer, Beth Soderfelt will be stepping down at the end of the year. We would like to thank her for her 7+ years she has given to DSAT! What a great blessing

December Christmas Party
Saturday, December 12th at 10:00 AM
Camp Loughridge Conference Center
4900 West 71st Street
3 miles west of Highway 75 on 71st Street

There will be no regular meeting.

you have been, Beth! Thank you! We now are taking applications for a new Treasurer. If you are interested, please talk to Beth, Molly or Danny. We would be happy to give you more information. We plan to appoint this position by the end of the year. In addition, if you are interested in serving on the Board in other ways, please let us know.

We hope you have a wonderful Thanksgiving. Eat lots of food! Enjoy your families! And tell someone you love how thankful you are for them. We appreciate your commitment to DSAT and appreciate the opportunity to be apart of the journey with you!

QBP Molly Zirax

Conference Scholarships

National Down Syndrome Conference will be held in Orlando, Florida July 16-18, 2010 www.ndscenter.org for more information.

DSAT will provide several scholarships to help cover expenses for recipients to attend! A total of \$16,000 divided into six categories to attend. A drawing will be held at our January meeting. You must submit your application form, no later than January 8th. You may mail in your application or you can hand it in at our Christmas party. You can't win if you don't apply!

Here are the categories: 6 recipients:

1. (4)- Family (\$2,000)
2. (1)- Self Advocate (\$1500)
3. (1)- Sibling (11-17) (\$1500)
4. (1)- Teacher/Educator (\$1500)
5. (1)- Therapist (\$1500)

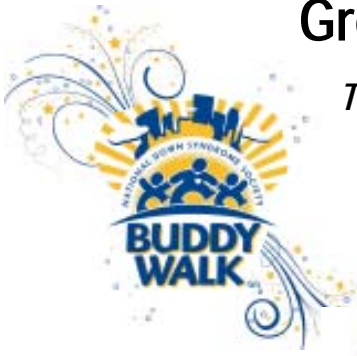
NEW Category:

6. (4)- Partial Scholarships (\$500)

Scholarship Applications **must be postmarked by January 8th**. If you won last year, you are ineligible.

Thank you TARC for making this newsletter possible!

Great Success! Our 7th Annual DSAT Buddy Walk



Thank You to the generous sponsors,

we could not of done it without your help!

Please show them your appreciation when you are considering purchasing goods and services.



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Special Thank You

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Buddy Of The Year Award

Michelle Adams
&
Christina Cervantes

Part II (Continued)

Issues facing child/adult with Down syndrome (Please indicate all applicable items that you would be willing to discuss with another parent):

- | | | | | | |
|--------------------------|-------------------------|--------------------------|----------------|--------------------------|----------------|
| <input type="checkbox"/> | Ear Tubes | <input type="checkbox"/> | Vision/Glasses | <input type="checkbox"/> | Heart Issues |
| <input type="checkbox"/> | Dental Issues | <input type="checkbox"/> | Allergies | <input type="checkbox"/> | Thyroid |
| <input type="checkbox"/> | Leukemia | <input type="checkbox"/> | Constipation | <input type="checkbox"/> | Celiac Disease |
| <input type="checkbox"/> | Duodenal Atresia | <input type="checkbox"/> | Pneumonia | <input type="checkbox"/> | Diabetes |
| <input type="checkbox"/> | Gastrointestinal Issues | | | | |
| <input type="checkbox"/> | Other Issues | _____ | | | |

Part III: Volunteer Opportunities

I would like to volunteer and help DSAT grow in the following areas:

- | | | |
|--|--|---|
| <input type="checkbox"/> Calendar | <input type="checkbox"/> Buddy Walk | <input type="checkbox"/> Teen/Young Adult Committee |
| <input type="checkbox"/> Easter Egg Hunt | <input type="checkbox"/> Christmas Party | <input type="checkbox"/> Snacks for meetings |
| <input type="checkbox"/> DSAT Book Bundles | | |

Part IV: Comments or Suggestions

Comments/Suggestions for Future Speakers, Events or Improvements to DSAT Programs

**** Return this form via email or regular mail in order to be included in the directory:**

**DSAT
P.O. Box 54877
Tulsa, OK 74155**

zirix@tulsacoxmail.com

DSAT Scholarship Application
National Down Syndrome Congress Conference
2010- Orlando, Florida July 16-18

SCHOLARSHIP CATEGORIES

1. (4)-Family (\$2,000)
2. (1)- Self Advocate (\$1500): (18 yrs. +)
3. (1)- Sibling (\$1500): (6th -12th grade) (must register and attend the Bro/Sis conference)
4. (1)- Teacher/Educator (\$1500): (must be currently employed in profession)
5. (1)- Therapist (\$1500) : (must be currently employed in profession)
6. (4)- Partial Scholarships (\$500) ** *New Category!*

** If you won a scholarship last year, you are ineligible to apply.

Scholarships are intended to provide reimbursement for Conference registration, travel, lodging, meals or the purchase of conference materials. **One scholarship per family.**

Scholarship Applications are due by January 8th.

To enter, send the form below by January 8, 2010 (postmark).

NAME: _____

ADDRESS: _____

PHONE: _____ **Best time to reach:** _____

EMAIL: _____

Check All Scholarship Categories You Wish to Enter (family awards drawn first):

SELF-ADVOCATE _____ **SIBLING** _____

FAMILY ENTRY _____ **EDUCATOR/THERAPIST** _____

(please specify school/profession)

****Any entries not chosen, will be put back in for the partial scholarship drawing.**

BY MAIL: PO Box 54877 BY EMAIL: ziriax@tulsacoxmail.com
Tulsa, OK 74155-0877

This entry **MUST** be postmarked by January 8, 2010 to be eligible.
Entries Postmarked after January 8, 2010 will not be accepted.

Winners will be selected at the January DSAT meeting.

2009 Buddy Walk Report

The preliminary numbers report that the 2009 Buddy Walk raised more than \$40,000.

Thanks everyone who attended to the Buddy Walk, secured sponsorships and donations for the baskets, as well as those who raised money for their “buddy” or their “team.”

With the money raised, DSAT will be able to provide scholarships to families for the 2010 national conference, continue to create new parent packets, expand on the Changing Lives programs which will help educate doctors and medical staff about Down syndrome, provide support and literature to families and local establishments, and much, much more!

Buddy Walk Facts:

Estimated 3000+ people in attendance.

274 online registrations – including family and individual registration

2006 – 114 registrations,

2007 – 165 registrations

2008 – 217 registrations

More than 100 mail or event-day registrations

\$34,375 raised in online donations:

2006 – \$18,000 was raised online

2007 – \$23,075 was raised online

2008 – \$27,490 was raised online

Top Fundraiser

Terry Smejkal. Her picture and her daughter Morgan’s picture will appear on the 2010 Buddy Walk brochure.



Buddy Walk Photos

The Buddy Walk pictures are ready and posted online. Photos may be purchased online for \$10 plus tax and shipping. The shipping is the same for multiple photos and I have noted that on each of the images. Go to www.andreashawphotography.com and click on the Buddy Walk tabs on the side and the teams can order straight from there.

Teams photographed:

O’s Ranch Hands

DJ D-Fenders

Aaron’s Arsenal

Team McCarley

Jordan’s Bears

Princess Alyx

Sullivan’s Staff

2 Little Cowboys

Apple Jack’s Allies

Audrey’s Army

Morgan’s Mob

Aidan’s Army

Tafv’s Tribe

Madison’s Mighty Marchers



Calendar

December 12th

Christmas Party

10:00 AM to 12:00 PM at Camp Loughridge

January 21st

Regular Meeting

7:00 PM at New Haven United Methodist Church

We will draw for the scholarship winners!

2010 Calendars

2010 Calendars are here and available for purchase and checkout. This year’s theme is Tulsa Landmarks. Calendars are \$12.00. They will be available to purchase or checkout at the monthly meetings. They make great Christmas gifts!

Also, to answer a few questions I get asked often. We cannot sale the calendars on line at this time because of tax reasons. We also do not like to mail calendars because it is so expensive to mail them due to the weight of the calendars.

If there is anyone in Muskogee, Tahlequah or Bartlesville that would like to check some calendars out to keep at their house in case others in your town would like to purchase or check some out, please let me know.

Thanks for your help in keeping our calendar a success!

April Wegener

November Meeting

2010 A big Thank You to Lynn Lugibihl for sharing her story. We can learn so much from each other. I am glad that she shared about her experiences with her son Sam and the NACD (neurodevelopmental program).

Resource Library

DSAT has a sharing resource library. We have many great books and videos. You may check the items out to use to help you, your family and the professionals working with your child understand DS more fully. You will find ideas that will help you stimulate your child’s development or manage their healthcare. Please use these items and then check them back in for others to use as well. Ask about the resources available at the next DSAT get together or visit with a board

Buddy Walk Monies

If you collected money after the walk or did not have an opportunity to turn in your pledges yet, please mail the money to DSAT at P.O. Box 54877 Tulsa, OK 74155. Donations can also be made online at www.firstgiving.com/dsat through December 2009.

P.O. Box 54877
Tulsa, Oklahoma 74155-0877

Down Syndrome Association of Tulsa

DSAT news

Help Please!

DSAT is a wonderful organization of volunteers. We are growing and making an impact in our community. The only way we can do this is with great parent and advocate involvement. Please consider sharing your talents with us.

We are looking for anyone wanting to serve on the DSAT Board! If you are interested, please talk with Molly or Danny.

Positions available: Treasurer, Secretary, General Board member & Committee Member.

DSAT Board of Directors

Presidents	Danny & Molly Ziriak	496-1873	ziriak@tulsacoxmail.com
Vice-Presidents	Ashley & Mindy Beasley	445-2623	anbeasley@aep.com
Treasurer	Beth Soderfelt	272-3926	treasurer@dsat.org
Secretary (interim)	Danny Ziriak	496-1873	ziriak@tulsacoxmail.com
Publicity	Alana Kennon	745-2398	publicity@dsat.org
General Members:	Kim Wofford	622-6906	woffordnate1@cox.net
	Chris Wegener	355-6999	edward.c.wegener@gsk.com
	April Wegener	355-6999	aprilwegener@cox.net

DSAT Committee Chairs

Governmental Affairs	Chris Wegener	355-6999	edward.c.wegener@gsk.com
Calendar Chair	April Wegener	355-6999	aprilwegener@cox.net
New Parent Contact	April Wegener	355-6999	aprilwegener@cox.net
Newsletter	Kendra Pennington	477-2999	kendra@soonerstart.com
Lending Library	Velvet Ahumada	764-8329	velvetahumada@att.net

To add your name to our email reminder list
or to get more involved in DSAT
please email: ziriak@tulsacoxmail.com

